

How to Register

1 Review the class brochure and schedule, or visit our website www.cah.org, to select the classes that are best for you. You may attend any or all of our classes for a one-time fee of \$35, unless an additional charge is noted. Payment will be accepted at the first class.

2 Then, complete the attached registration form and mail it to us, or register online

3 If you'd like more information or have questions, we'd be happy to help. Please call The Birthing Center, 231/ 547-8575, anytime between 9am and 5pm.

2008 Schedule: Countdown to Childbirth and Brush Up for Baby

These two classes are held at Charlevoix Area Hospital on consecutive Mondays, from 7 ~ 9 pm, unless otherwise noted. To schedule all other classes, please call The Birthing Center, 231/ 547-8575.

Countdown to Childbirth

SERIES 1

January 7, 14, 21, 28
February 4, 11, 18, 25

SERIES 2

March 3, 10, 17, 24
April 7, 14, 21, 28

SERIES 3

May 5, 12, 19, *No May 26*
June 2, 9, 16, 23, 30

No classes in July

SERIES 4

August 4, 11, 18, 25
September 8, 15, 22, 29 *No Sept. 1st*

SERIES 5

October 6, 13, 20, 27
November 3, 10, 17, 24

No classes in December

Brush Up for Baby

SERIES 1

January 28
February 4, 11, 18, 25

SERIES 2

March 24
April 7, 14, 21, 28

SERIES 3

June 2, 9, 16, 23, 30

SERIES 4

August 25
September 8, 15, 22, 29

SERIES 5

October 27
November 3, 10, 17, 24



Please complete this form and mail it to:

the birthing center

14700 Lake Shore Drive
Charlevoix, MI 49720

231.547.8575

Name _____

Address _____

City _____

Zip _____

Home phone _____

Work phone _____

Email address (optional) _____

Date of birth _____

Due date _____

Coach or partner _____

Doctor _____

Is this your first baby? _____

Date of last delivery (if applicable) _____

Please check the classes you want to take and circle the series you prefer

Countdown to Childbirth #1 #2 #3 #4 #5

Brush Up for Baby #1 #2 #3 #4 #5